



# TRF ADJUSTMENT FORM



**NOTE: This process is not intended to build a team's calibre but to maintain a team's minimum roster size and to avoid any last-minute cancellations that may result in expenses to the Host or team.**

Tournament Host Association: \_\_\_\_\_ Event Date: \_\_\_\_\_  
 Team Information: Association: \_\_\_\_\_  
 Team Name: \_\_\_\_\_ Head Coach: \_\_\_\_\_

Age Group: U7  U8  U9  U10  U12  U14  U16  U19  18+  35+   
 Level: AA  A  BB  B  CC  C  Dev  U12 Prov  U12 Reg   
 Goalie Substitution: YES

Name of Player Not Participating		Specify Games Not Participating In	Name of Player Substituting		RO # of Player Substituting	Team Name of Player Substituting	RO Team Number of Player Substituting	Age Group/Level of Player Substituting	Specify Games Substituting For
Last Name	First Name		Last Name	First Name					

**\*\*Room for Additional Names on Reverse Side of Page**

Substitution Rules from RO Operating Manual, G&T Section for U19 and below and 18+A/AA and Adult Section for 18+/35+.

**APPROVALS:** All substitutions for players in games must be approved by your Regional G&T Coordinator for 18+A/AA, U19AA and below and by your Regional ADP Coordinator for 18+BB and below a minimum of 48 hours prior to the tournament beginning or must be approved by the Host Regional G&T Coordinator/ADP Coordinator during the tournament in case of emergency.

**18+A/AA, U19AA and Below Registered Players:**  
 U19AA & Below Registered players may substitute in only one (1) tournament per season.  
 18+A/AA registered players may substitute in two (2) tournaments per season.  
 Up to four (4) substitute players in total per tournament with a maximum of two (2) lateral player substitutions.  
  
 Can chose either/or:  
 - Same age division or lower, same calibre or less  
 - One calibre higher only, one age division lower

**18+ registered players (BB/B/CC/C/Dev):**  
 Players may substitute in two (2) tournaments per season.  
 Up to four (4) substitute skaters per game in a tournament.  
 All players may only play for one (1) team in same tournament.  
 Goaltender substitution: can be in addition to the four (4) skaters, may substitute in three (3) tournaments per season.  
  
**35+ Registered Teams:**  
 Can have substitutions to a maximum of 13 skaters  
  
 Must choose from the appropriate age, same calibre or lower

**NOTE:** Each substitute must replace a player on the TRF  
 Substitutions to a maximum of twelve (12) skaters for all except 35+ registered teams  
 The team roster cannot increase in size due to substitutes, except for 35+ registered teams

**NOTE:** Requests for substitutions must be made at least forty-eight (48) hours prior to the official opening of the tournament. Requests made less than forty-eight (48) hours or during the tournament will only be granted for medical or extenuating circumstances.

Approved By (Print Name)    Position    Signature    Cell Phone Number    Date Form Received    Date Approved    Signature of Coach Requesting

Second Approval (if applicable): Approved by (Print Name)    Position    Signature    Cell Phone Number    Date Form Received    Date Approved  
 G&T-F-07    Revised September 2019

