



ADULT DEVELOPMENT PLAYING RULES

1. ADMINISTRATION

- 1.1. The 18+/35+ B/BB level and lower are the responsibility of the Adult Development Program (ADP). The Adult Committee shall be responsible for the sanctioning of all adult tournament divisions.
- 1.2. All sanctioned play at the 18+ Provincial Level (A/AA) is the responsibility of the Games & Tournaments (G&T) Program Committee.
- 1.3. All divisions that are the responsibility of ADP shall follow G&T procedures. Except as noted in the sub-sections below.
- 1.4. The Regional Adult Coordinator or Designate should participate in the initial host tournament planning meeting where Adult divisions exist.
- 1.5. Shot clocks are required at all skill levels except Development (Dev).
- 1.6. All Adult Teams must have a registered goalie on their TRF.

2. SANCTIONED EVENTS

- 2.1. There are four (4) types of Ringette Ontario (RO) Sanctioned Events:
 - 2.1.1. Tournaments
 - 2.1.2. Ontario Adult Invitational Championship (OAIC)
 - 2.1.3. Provincial Championships
 - 2.1.4. For Ringette Ontario disciplinary purposes, any game between two (2) registered RO teams or between an outside Province team and a RO registered team.

3. SUBSTITUTION FOR SANCTIONED EVENTS

- 3.1. In addition to the Player Substitution Procedure in G&T Player Substitutions, the following applies:
 - 3.1.1. Where all teams and athletes involved are registered as 18+ and 35+ BB level and lower, substitutions must be approved by the Regional ADP Coordinator (or ADP Chair if the regional position is vacant).
 - 3.1.2. Where all teams and athletes involved are registered as 18+ A/AA Level, substitutions must be approved by the Regional G&T Coordinator (or G&T Chair if the regional position is vacant).

- 3.1.3. Where 18+ A/AA team is requesting a substitution involving an athlete registered as 18+ or 35+ BB level and lower, substitutions must be approved by the Regional ADP Coordinator (ADP Chair if the regional position is vacant) and the regional G&T Coordinator (or G&T Chair if the regional position is vacant).
- 3.2. All player substitutions are to be completed using the TRF Adjustment form (G&T-F-07).
- 3.3. All Bench Staff substitutions must use Bench Staff Substitution Form C-F-02 and be submitted to the RO office for approval.
- 3.4. Can only be from an appropriate age, same caliber or less, 18+, 35+. The only exception to the above is when a team is playing in a tournament at a higher skill level than they are registered. Substitutions may be requested from the level equivalent to the level of play at the tournament.
- 3.5. Only U19 registered players who are 18 years or older on or before December 31st of the playing season, can be considered as a substitution on 18+ teams.
- 3.6. A player substituting on an 18+ team at the BB level and lower during a sanctioned event is defined as:
 - 3.6.1. a person who is registered and in good standing with Ringette Ontario;
 - 3.6.2. a person who is registered and in good standing with their Provincial Sport Organization (proof must be provided upon request).
- 3.7. Any player that appears on more than one TRF Adjustment Form in the same sanctioned event constitutes a violation of sanction rules.
- 3.8. Player Substitution
 - 3.8.1. Players may play as a substitute for two (2) tournaments in a season.
 - 3.8.2. For BB level and lower, a goaltender substituting as a goaltender is restricted to three (3) tournaments in a season. If a goaltender substitutes as a skater, she is then restricted to two (2) tournaments a playing season.
 - 3.8.3. For 18+/35+ BB level and lower teams, the restrictions above shall be reset to allow one more substitution for a team participating at the OAIC or their Regional Championships.

- 3.9. For BB teams and lower, the maximum number of substitutes is four (4) skaters plus a goalie in any one (1) game.
- 3.10. 35+ BB level and lower teams may increase their roster size with the use of additional players to a maximum of fourteen (14) players.
- 3.11. Players registered as independents are exempt from rule 3.8.1 and 3.8.2 except when substituting on a provincial level team.
- 3.12. All substitutions must have prior approval from Regional ADP Coordinator or Chair. Forms are to be submitted a minimum of fourteen (14) days before the start of the tournament. Requests made with less than 48 hours or during the tournament will only be granted for medical or extenuating circumstances.
- 3.13. Any cross-Region substitutes must be approved by both Regional ADP Coordinators. The Regional Adult Coordinator of the requesting team will forward the request to the Regional Adult Coordinator of the substituting player to obtain their approval. In cases of cross region, substitution form must be submitted fourteen (14) days before the start of the tournament.
- 3.14. A U19 player who has decided to play 18+ by registering on an 18+ TRF, is not eligible to substitute for a U19 team.

4. SPLITTING A TRF

- 4.1. 18+ teams at the BB level and lower may split into two (2) viable teams with seven (7) players each and attend the same or separate tournaments on the same weekend. Players must remain on the same team for the entire duration of the tournament. No substitutions allowed in order to create a viable team or add additional players.
- 4.2. Any team playing with ten (10) or less skaters and a goalie may be allowed to substitute for injury or illness only.
- 4.3. Teams are to use the ADP Composite Team Registration Form ([ADP-F-04](#)) to identify and submit their roster to the tournament(s). A copy of the roster is to be submitted to the Regional ADP Coordinator for review a minimum of thirty (35) days prior to the event (extenuating circumstances may be taken into consideration by the ADP Committee).

5. **Bench Staff Substitutions**

- 5.1. 18+ / 35+ teams are required to have a qualified bench staff member registered on their TRF and present during sanctioned events. (For league games, consult with league rules to determine if bench staff must be present.). For qualifications, please refer to the Adult Development Coaching Manual.

- 5.2. During sanctioned play, if a substitute Bench Staff is required due to an absent Bench Staff, any Ringette Ontario registered bench staff with the appropriate qualifications can become a valid participant of that Bench Staff if the overall bench staff requirements are met. For Tournaments and Provincial Championships, a Bench Staff Substitution Form must be completed (Form C-F-02) and approved by the Ringette Ontario Technical Director or Designate and presented to the Tournament Coordinators.