



# RINGETTE ONTARIO

## TEAM FORMATION GUIDELINES

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Ringette Ontario, in active partnership with clubs, players, coaches, families, and the community is committed to fostering the values of fairness, sportsmanship, safety, and leadership to all members.

### TEAM FORMATION OBJECTIVES

To place all players on the team for which they are best suited, in a manner which is standardized, fair, transparent and provides meaningful competition using a series of evaluation sessions. Ringette ON provides a Long-Term Development (LTD) stage-appropriate Athlete Pathway for participants in all divisions:

- Players in FUNdamentals1 and FUNdamentals2 develop skills in a fun way.
- Players in U10 (FUN3) learn the game in an engaging environment.
- Players in the U12 division who are interested in an introduction to the competitive level and can evaluate for placement on A, B, C tiered teams.
- Players in the U14 to U19 divisions can chose to evaluate for placement on an AA, A, B or C level teams.

### TEAM FORMATION

A club should start by creating a Team Selection Committee consisting of impartial coaches, caregivers and knowledgeable athletes that have experience in skill assessment and the athlete development matrix for the age group. Final team sizes and player distribution should be solely determined by the Team Selection Committee and may be adjusted at any point up until the final roster deadline as determined by Ringette Ontario. Team formation results should be posted in a timely manner.

Things taken into consideration in team formation, but not necessarily limited to or constrained by, are:

- Team Viability
- Competitive Expectation at the Various Levels (AA, A, B, C, or Balanced Formation)
- Long Term Development (LTD)
- Availability of Coaches
- Availability of Ice
- Player Placement Requests (Children's Ringette, including U10 New Players Only)
- Goaltender allocation
- Player Positions

Once formed, the team has certain obligations to and certain expectations to their Club and to Ringette Ontario. The team personnel, players, and parents have certain rights with respect to the team and how it operates.

Responsibilities includes:

- Qualified team staff and support staff at all team functions
- Season plan
- Transparency and regular updates to the Team Budget
- Familiarity with all timelines, guidelines and policies required by Ringette Ontario
- Completion of a safe sport training module be completed by at least one guardian of each athlete ([Respect in Sport for Parents](#) or [CAC Safe Sport Module](#))

Coach Selection

The Head Coaches should be selected prior to evaluations whenever possible. Additional bench staff for the AA/A level teams may be selected prior to evaluations. All other coaches may be named after Team Formation is completed.

## **GUIDELINES FOR THE USE IN DETERMINING TEAM FORMATION**

Player evaluations are recommended for each division and all players and should be conducted at the beginning of each Ringette season. Evaluations should be done according to the Clubs Player Evaluation processes. Notice should be provided via the Club Website and the Club Board of Directors outlining the evaluation process for the current season.

Evaluations should be completed by knowledgeable coaches and 18+ athletes that are completely unbiased towards the athletes being evaluated and/or the team that are being formed. To simplify process the Team Selection Committee should appoint one person should be appointed the Evaluations Coordinator. Results of the evaluations should be submitted to the Evaluations Coordinator who then will pass the results directly to the Team Selection Committee. At no time should parents, or coaches be privy to these results.

The Club reserves the right to advise the top and bottom skaters that they no longer need further evaluations after two skates, thereby allowing the bubble skaters greater opportunities for evaluation.

Ringette Ontario recommends teams choose a minimum of 15 players, 13 skaters and 2 goalies for teams at U14 and up. Maximum of 18 per team, however registration numbers will dictate the size and number of teams.

On completion of the evaluations the respective Evaluation Coordinator should collect the results and meet with the Selection Committee to form the teams. It is recommended that the Head Coach be included in the team formation process once the official evaluations have been completed.

In situations where there are more than one team at a level for an age, the teams should be evenly distributed based on skater and goaltender evaluations. The following method is an example of how the teams can be formed: Team 1 – player 1, Team 2 – player 2, Team 3 – players 3 & 4, Team 2 – player 5, Team 1 – player 6 & 7. This is continued until all skaters are placed on a team. Goaltenders are to be divided along the same lines. A random draw will be used to determine placement order, Team 1 would get the top skater and Team 2 the top goaltender.

On completion the teams will be reviewed to ensure balance based on evaluation results, movement may occur to ensure balance. If a player has identified a preferred position during the registration process, this may be taken into consideration during the team formation process.

There will be circumstances where a player may not be available to be evaluated either due to absence, sickness, or injury. In situations such as this the player may be placed at the level where the players have consistently played without evaluation. The decision for team placement should be made by the Club Board after consultation from the Selection Committee. Clubs should only transfer players in and out of the Club where it is needed to form teams, or in situations where a neighbouring Club has too many players at the applicable age group or does not have enough players to form a team at the level of the players.

We strongly encourage Clubs to work with neighbouring Clubs to provide athletes with a team best suited to their skill level.

## **TEAM TRY OUT PROCESS**

- Two sessions over two separate days for initial evaluations skills.
- Skating and Technical Skills:
  - Forward & Backward Skating
  - Starting & Stopping
  - Pivots & Turns
  - Ring Control Skills:
    - Passing & Receiving
    - Shooting
- Competitive drills designed to test work ethic and determination.
  - Does the athlete work their hardest at all drills or is their work ethic inconsistent or less than 100%?
  - Does the athlete perform the drill as described?
  - What is the athletes' attitude towards the evaluations and drills?
  - Does the athlete listen to the directions? Do they want the ring, and do they work hard to get it?
  - Do they work hard at getting to openings and/or participating in the play?
  - Does the athlete only work when they have the ring, or only when on offense?
- Teaching to see which players understand, listen, and can apply to the drill situation.
- Scrimmage time during sessions to give athletes the opportunity to demonstrate their ringette game knowledge, experience, and skill.
- Additional sessions may be held to select the final team.
- Format of additional try-out sessions are at the discretion of the Coach and Team Selection Committee and may include:
  - Individual skills and tactics
  - Team tactics
  - Teamwork
  - Team play and exhibition games